

Wellbeing Service

Have you got patients that need help with any of these?



Who's it for?

- Anyone aged 16 years+ who lives, works or has a GP in Blackburn with Darwen.

Referrals for:

- Exercise referral.
- Weight management.
- Falls prevention.

Complete sections A, B & D of the referral form

For everything else:

Complete sections A, C & D of the referral form

Send referrals to:

BwD Wellbeing Service
Blackburn Central Library
Town Hall Street, BB2 1AH

For information on what is available, or advice on referring, contact our Hub Advisors:

Call: 01254 682 037

Visit: www.refreshbwd.com/change

Email: wellbeing@blackburn.gov.uk



re:fresh
your health and wellbeing