

RECOGNISING DANGEROUS ASTHMA

IF BREATHLESS.....

Use up to 10 puffs salbutamol via spacer [aerochamber or volumatic].

If no relief, call 999..people die if their inhaler does not give relief. Do not wait or try to get down to an on call centre.

If relief but less than 1 hour, call on call centre or see GP to be seen.

Prednisolone will be prescribed with possibly admission for observation, after a nebulised dose of Salbutamol [in oxygen].

If relief lasts 4 hours, see GP/ on call centre next morning. Taking 4x the usual prescribed dose of Steroid inhaler is one management plan. Don't do this with combined inhalers without Dr say so [max will be double usual dose].

If very severe more than 10 puffs salbutamol can be given [up to 20] but in this case calling 999 will be appropriate.