

Lung Cancer: If haemoptysis refer even before doing CXR

Lung tumours double every 1 month so a 2cm tumour becomes 8 cm by 3 months after being seen on an x ray.

COPD

Do not do spirometry every year

DOSE [Dyspnoea Obstruction Smoking Exacerbations] better prognostic guide than BODE

HCPs should have Flu jag as they can pass on Flu without having symptoms

O2 is not for dyspnoea it is for hypoxia

People on Seretide Acc 500 should have a steroid card as the steroid = 10 mg

Prednisolone/day

Exacerbations should have 30mg Prednisolone for 7 days

Persistent breathlessness possibles are pneumonia pulmonary embolus Bronchiectasis

AF cancer

Nebulisers not recommended as they are not cleaned by patients allowing pathogenic bacteria to induce further exacerbations. Also risk of inducing AF and hypokalaemia

ASTHMA

High salbutamol use a warning

These patients often do not use prednisolone when needed

Poorly controlled asthma leads to COPD